

# ADORATION

*matiroha*

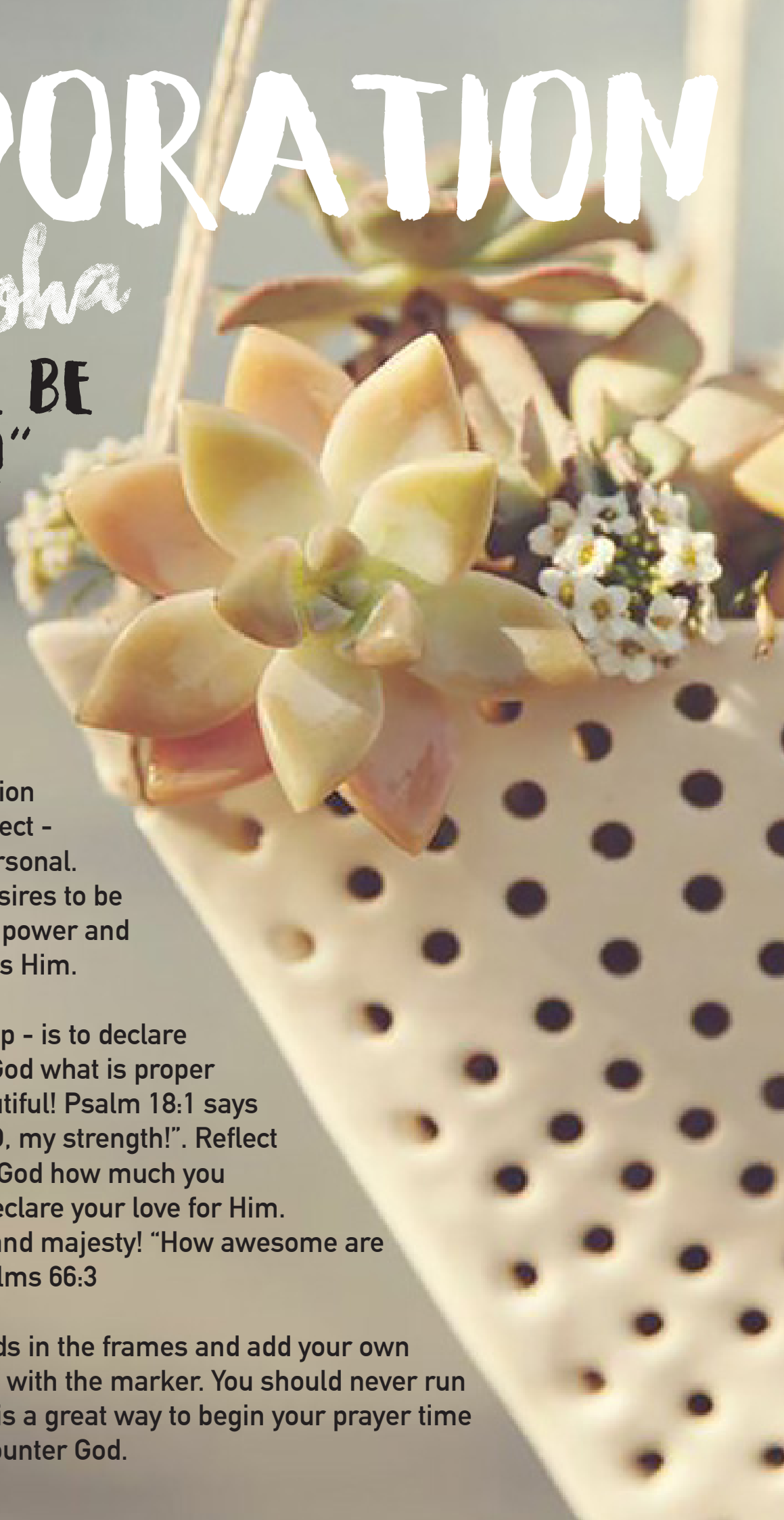
**"PRAISE BE  
TO GOD!"**

**"WHAKAPAINGIA  
TE ATUA!"  
- PSALMS 68:35**

To be adored is a wonderful feeling. You might not think that God would need adoration because He is perfect - but He is not impersonal. He loves us. He desires to be recognised for His power and might and all that is Him.

Adoration - worship - is to declare our love and give God what is proper and good and beautiful! Psalm 18:1 says "I love You, O LORD, my strength!". Reflect on and express to God how much you appreciate Him. Declare your love for Him. Praise His power and majesty! "How awesome are your deeds!" - Psalms 66:3

Reflect on the words in the frames and add your own words of adoration with the marker. You should never run out of praise. This is a great way to begin your prayer time wherever you encounter God.



# CONFESSION

whākinga hara

"IF WE  
CONFESS  
OUR SINS,  
HE IS  
FAITHFUL  
AND  
JUST,  
AND WILL  
FORGIVE  
US OUR  
SINS AND  
PURIFY US  
FROM ALL  
UN  
RIGHT  
EDUSNESS."



1 JOHN 1:9

KI TE  
WHAKI  
TATOU  
I O  
TATOU  
HARA,  
E PONO  
ANA  
IA, E  
TIKA  
ANA,  
A KA  
MURUA  
E IA O  
TATOU  
HARA,  
KA  
HORDIA  
ATU  
HOKI O  
TATOU  
HE  
KATOA.

Confessing is a painful business. It involves reflecting deeply on who we are and overcoming who we pretend to be. Come before God and tell Him where you have fallen short. Be specific. What is His response? Is it like you imagined?

## REFLECT

What does the cross mean to you?  
How has Christ's sacrifice affected  
your whole being?

Look a little closer at the images; does one speak to you  
and where you are at in your walk with God?

What is the Lord saying through that?

You may like to thank Him for the forgiveness you have in  
Christ, and ask for help and strength to turn away from  
future temptations.

# THANKS GIVING

*whakamoemiti*

"ALWAYS  
GLORIFY  
HIM  
WITH  
THANKS  
GIVING"

PSALMS 69:30

KA WHAKA-  
MOEMITI TAKU  
WAIATA KI  
TE INGOA O  
TE ATUA. KA  
WHAKANUI  
AND TAKU  
WHAKAWHETAI  
IA IA.

You have plenty of reasons to be thankful. Thank God for His love, His faithfulness, His patience and a million other things.

Express gratitude for what He's doing in your life. As you do this you may like to add some material to the koru before you. Reflect on how the threads God weaves in your life are all a symbol of newness. Of hope. Often we don't get to see where the green shoots of

new life

are until after the season has passed.

Thank Jesus for the people, hardships and victories He has given you. Thank Him for dying. Thank the Holy Spirit for indwelling you, permanently. Thank Him for being your conscience, your counselor and that "still small voice." Keep adding strips to this beautiful tapestry as we thank God together - a body of many parts, all filled with Life.



# SUPPLI- CATION

"MAKE  
YOUR  
REQUESTS  
KNOWN  
TO  
GOD."

prayer


You have spent time considering the life of God in you - through adoring, confessing and thanking God. The Bible says that if we seek first the kingdom of God, He will give us the desires of our heart - because our heart will be aligned with His now!  
- Matthew 6:33

So come to God with the desires, concerns, hopes of your heart. What is it you seek? Do you really think any of your requests are too big - or even too small - to God the Creator who LOVES you?

Think through your needs, the needs of those you love (and those your don't!), the church family, this community, country and world; bring them before God.

You may like to add words

to the blackboard, and pray through what others have written. You can also write a personal prayer need and peg it to the wall. When you do this, take someone else's prayer need and commit to praying for it this week. Kia Kaha.



ENGARI I NGA MEA KATOA  
WHAKAATURIA KI TE ATUA NGA  
MEA E MATEA AI E KOUTOU, I  
RUNGA I TE KARAKIA, I TE INDI,  
ME TE WHAKAWHETAI HOKI.  
-PHILIPPIANS 4:6

# PRAYER JOURNAL

PLEASE

TAKE A FEW MINUTES TO

SHARE A PRAYER OR

EXPRESSION OF YOUR

EXPERIENCE IN THE

PRAYER ROOM IN OUR

24/7

PRAYER

JOURNAL

X